

# Jerdacuttup Primary School Newsletter



Tuesday, 26 July 2022

<http://jerdacuttupschool.wa.edu.au/>

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*Kier Douthie*  
*Principal*

## Staffing

Unfortunately all of the processes to find a replacement teacher (or two) have not been successful to date.

Fortunately, two very capable education assistants, Kelly Marks and Andrea Nel, have assisted me in delivering the curriculum to students and will continue to do so to the end of this week, by which time a solution will need to be found.

Rose Fissioli has commenced her fixed-term position and is catching up on cleaning.

Cathy Harman has commenced her fixed-term position as Manager Corporate Services and will continue to have support from Alice Tucker for some weeks as she undertakes formal training.

I thank all staff for their generous efforts to keep students' wellbeing and learning as our first priority.

## PEAC Testing

Next week (week three) year four students will complete the Primary Extension and Challenge testing to establish their eligibility for inclusion into this program. Students who excel are identified to be involved in tailored activities to help develop their gifts and talents.

## School Photos

It might be hard to believe, but our annual photo shoot is just around the corner and set for Thursday 11<sup>th</sup> August. Remember too that you can choose to dress according to a theme suited to our venue - the Ravensthorpe Museum.

## Covid-19

Surely, we must be up to Covid 22 by now!! We can agree that the virus continues to wreak havoc in our community. At this stage, there is no contingency plan for there being no teachers available to come to school due to infection, so I ask that parents (and staff) seriously consider wearing masks. The school has been instructed to provide masks and more RAT tests for students and staff and they have been ordered and will arrive in a few weeks.

## Mosquitos

I have reported before and I must again - the mosquitos are a problem at school! When we have warm days, great flocks of them find bare skin on which the females penetrate and suck blood. They bite. They hurt. They itch and the mosquitos carry and transmit nasty viruses. Light coloured clothing covering as much skin as possible is one measure to reduce their impact. Insect repellent too. The school is able to supply some insect repellent, but it is advisable that students have their own supply if they are particularly susceptible to bites or have sensitive skin.

## P&C Meeting

Next week, Tuesday 9<sup>th</sup> August is the next Parents and Citizens Association meeting at the school.

The meeting will be held in the school staff room at 3pm.

Please let Sharee Saunders know of any agenda items to be included. Payment of the repaired chook house, spice fundraiser and the current status of the Eucalypt-dyed silk scarf fundraiser are already on the list.

All Welcome

## Crunch 'n Sip

Students are well accustomed to the daily consumption of morning Crunch 'n Sip - staff are not able to give it a miss, especially in the junior class. Medical studies regularly confirm that eating fresh fruit and especially vegetables, along with drinking water, is critical to establishing good food habits for life and fuelling growing bodies with nutritious food.

## William Wrote us a poem

'Here is our latest clip to encourage this important message.

William has written us a poem

### Em Darn Fleas!

'Em darn fleas, annoying my dogs.  
They live everywhere,  
From savannahs to bogs.  
'Em darn fleas,  
In my hair like lice.  
They eat my head,  
It's not very nice.  
'Em darn fleas,  
They live in my food.  
If people can't see them, they  
Can't exterminate them, dude!

## Crunch on vegetables!

This term our school is encouraging families to get excited about eating vegies by packing them as often as possible for Crunch&Sip®.

### Why vegetables?

Vegetables and fruit are both important food groups packed with a range of nutrients that promote good health. However, while most primary school children are doing a great job of eating enough fruit, **only 1 in 16 are eating enough vegetables**. That's why it's important for children to get an extra serve of vegetables during Crunch&Sip® breaks.

### Benefits of eating vegies for Crunch&Sip®

- Vegetables contain lots of vitamins, minerals and dietary fibre which help promote healthy growth and development.
- Vegetables can be a very cost-effective option - a serve of carrots or celery costs less than 30c!
- Do you have a fussy eater? When kids see their peers eating different foods, they are more likely to join in and try something new.



We encourage you to support us in this initiative by providing a healthy snack of whole or cut up vegies as the preferred option for Crunch&Sip®.



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