

# Jerdacuttup Primary School Newsletter



Tuesday, 14 June 2022

<http://jerdacuttupschool.wa.edu.au/>

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*Kier Douthie*  
*Principal*

## **Virtue - Truthfulness**

Truthfulness is about being honest in your words and actions even when you might get into trouble. Being true to yourself means being who and what you are, without exaggerating to impress others or trying to look like something/someone you are not. It is being yourself, your true self.

Practice truthfulness by:

- Speaking only the truth
- Practice justice by investigating the truth for yourself, don't let others tell you what to think or believe
- Know the difference between fact and fantasy
- Admit it when you have made a mistake
- Don't exaggerate or deceive to impress others.

## **School Photos**

Our school photos will be taken on Thursday 12<sup>th</sup> August. MSP have agreed to take the photos at the Ravensthorpe Museum. Staff and students are given the option of dressing in period costume and/or school uniform for the photos. Family photos will also be taken at the same venue.

## **Super Cooper Clay Days**

It was a special treat last Friday 3<sup>rd</sup> June when Cooper Smallman brought his skills and tools to school to teach the children how to throw a pot. Remarkably, Cooper was able to have every child successfully manipulate a lump of clay on a pottery wheel and make a small dish. Most pottery lessons START with hand, moulded work such as pinch pots or coil pots!

Cooper will return to help children finish off the work.



Figure 1: Cooper instructing Ian on pot throwing. Photo: K. Douthie

## **Influenza Vaccinations**

Our grateful thanks go to nurse Pat Jansze who kindly came to school to provide influenza shots to students, staff and some additional community members. Reports from those who have contracted the flu this season are that the symptoms are worse than Covid. As the shots are free for the month of June, I urge everyone to take this simple protective measure and have their vaccination while the opportunity is there.

## **Staffing for Semester 2**

We are currently in the process of filling the full-time teacher vacancy for Semester 2 to cover the leave for both Mrs Louise Gibson and Mrs Sharee Saunders. There is also the position of cleaner to fill as, sadly, Mrs May White has resigned beginning at the end of this term.

## **Lake King Skills & Drills**

Thank you to Maz Atherton for transporting the team and supporting Mrs Niki Crane in her teacher duties at the Lake King Skills and Drills day on Wednesday 8<sup>th</sup> June. Most children thoroughly enjoyed the day and especially liked the gymnastics.



Figure 2, 3 and 4: Ian, Will and Klay at play in Lake King. Photos: M. Atherton

### The Day the Giant Bug Came to School

Last Thursday, National Drones, a company contracted by Horizon Power to check the 15,000 power poles from here to Esperance, popped in to the school and kindly agreed to show us their \$20,000 toy and take some shots of the school. Students rolled their bikes out for some action and colour in the shot. Our thanks to them.



Figure 5: Cyclists below! Photo: B. Aylett

### Crunch 'n Sip

Here are some tips on ways to include more vegetables into the family diet.

#### Crunch&Sip®

#### Simple ways to encourage children to eat more vegetables – Part 1

- Get children involved in meal preparation – they are more likely to eat something they have helped create.
- Make a healthy snack the easy choice at home by keeping a container of cut up vegetables and dip in the fridge and limiting the purchase of treat foods in the weekly shop.
- Include children when making decisions about what the family eats – just make sure all the options are healthy choices. For example, at the supermarket ask kids to choose which vegetables will go in the stir fry.
- Make mealtimes a relaxed and sociable occasion. Sit around the table and take it in turns to begin a family discussion.
- Modelling healthy eating behaviours yourself is a better strategy than trying to pressure children to eat certain foods. If children feel pressured at mealtimes they can build up negative associations and reject the very foods you are trying to promote.
- Hide grated vegetables in foods like pasta sauce, patties, casserole, shepherd's pie, quiche, soup and omelettes.



### Spare Parts Puppet Show

Tomorrow, Wednesday 15<sup>th</sup> June, students will travel over to Munglinup to join with students from there and Cascade to enjoy a puppet show. Teachers have also arranged additional activities for students to mix, mingle and make friends.

### Contributions & Charges

Thank you to all families, the school budget is topped up with the payment of the annual Contributions and Charges.

An Entertaining Narrative from Ian;

### The Day the Dragonfly Came to School

It was a windy day and camp leader thought it was the weather changing. But, when we went outside, it was a huge dragonfly hovering above. It was massive. It was trying to blow us away, so we called Professor Binglehoffen to make us a teleporter ray. With the teleporter ray we could blast the giant dragonfly into his dimension. We ran far away then we blasted the giant insect. It disappeared into Professor Binglehoffen's dimension and we never saw, or heard, or felt it again.

*Ian Nel*

