

Jerdacuttup Primary School Newsletter



Wednesday, 2 March 2022

<http://jerdacuttupschool.wa.edu.au/>

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Principal

NAPLAN -

Student Assessment

The National Assessment Program in literacy and Numeracy (NAPLAN online) will be conducted from Tuesday, 10 May to Friday, 20 May for students in years three and five at Jerdacuttup Primary School in 2022.

The information brochure sent home with students today (all families can have a copy as we have more brochures than families...) will help to explain the purpose and platform for testing. Whilst the results of these tests provide the school with useful information about the progress of individual students and the efficacy of learning programs, it only captures a very small number of the student population. The tests are advertised to students as important but not life-changing.

Crunch 'n Sip

You all know about the Crunch 'n Sip program, where the consumption of fruit, vegetables and water is encouraged, daily. This is a very popular program with students - time to eat! And there has been no shortage of fresh and nutritious food

and its benefits, ideas and information to encourage everyone (students, staff and parents) to realise the importance of healthy, nutritious foods for both our physical and mental wellbeing. With today's newsletter, a brochure is included that reminds readers of the purpose and procedure of the program and ways to promote it.

Positive Parenting

The Government of WA provides programs to parents to help raise confident, healthy children and build stronger family relationships through the Triple P - Positive Parenting Program.

Five steps to positive parenting include;

1. Create a safe, interesting environment
2. Have a positive learning environment
3. Use assertive discipline
4. Have realistic expectations
5. Take care of yourself as a parent.

A brochure prompting parents to seek further information on the Triple P Program is being sent home today - or go to www.triplep-parenting.net.au/wa.

Go Figure

In the senior classroom today we have a series of figures pinned to the wall. They are carefully crafted self-portraits that mirror a close likeness of students in the school. These pieces of work are the second in a series students are creating as a build up to a large canvas that will be completed before the end of term 1. Along with self-portraits, the topic of invertebrates is being interwoven into our art studies.



Figure 1: Self Portraits Photo: K. Douthie

School Council

With the School council Parent representative, Jess Atherton, leaving the school, nominations are therefore called for this position. Please complete a nomination form and return it to school by Monday 14th march. Following nominations, voting slips

will be forwarded to parents if there are more than one nomination.

Parents can nominate themselves.

It is intended that positions will be filled by the end of term, allowing the successful nominee time to complete their National Police Clearance and online training before a meeting in Term 2.

Within the School Council, the role of Secretary is still to be filled.

Parents & Citizens' Association

Last week a Parents and Citizens' Association Meeting was held at the school.

New office bearers are:

President: Andrea Nel

Vice President: Alice Tucker

Secretary/Treasurer: Sharee Saunders

Uniforms: Maz Atherton

The most important business addressed was the request for \$200 to re-stock the aquarium and \$100 for additional canvas for very important artworks.

The next meeting is scheduled for Monday 4th April @ 3:15pm at JPS.

Year 3-6 Mask Wearing

The Premier has announced Level 2 public health measures which will come into effect on Thursday 3rd March, details at wa.gov.au. They include the requirement for adults and children in Years 3 and above to wear masks at all indoor public settings.

This means our students in Year 3 and above will now need to wear a mask indoors

at school. The usual exemptions apply, such as removing the mask to eat, drink, take medicine or do vigorous exercise.

You may wish to speak to your child about wearing a mask, and that their friends will also be wearing them. Wearing masks in the classroom will help to reduce the spread of the virus. If your child is in Kindergarten to Year 2, you may wish to let them know that they will see other children around the school wearing a mask, just like their teacher does. Our staff will continue to explain to our students the importance of wearing a mask to support each other and help keep our community safe.

I want to assure you that the health and safety of our students and staff is our top priority and we will continue to follow the latest WA Health advice. I encourage you to stay up to date on COVID-19 safe measures at wa.gov.au.

I also take this opportunity to remind you to monitor yourself and your child for symptoms of COVID-19, and keep your child home from school and get them tested if they are unwell.

Thank you for your understanding and support to help keep our school COVID-19 safe.

If you have any queries, please do not hesitate to contact the school.

Virtues Program

The month of March brings Joyfulness into our Virtues Program.

What is it? Joyfulness is being filled with happiness. It is a peaceful sense of well-being. It comes from an appreciation for the gifts each day brings. Joy is the inner sense that can carry us through the hard times when we are feeling very sad.

Why Practice it? Without inner joy, all our feelings are determined by what is happening to us. When things are going well, we feel glad. When things are going wrong, we feel sad. Without joyfulness, when the fun stops our happiness stops. When we are joyful, things still happen to us, some good, and some bad. If we are joyful, down deep we stay calm and serene. We look forward to things changing for the better.

You can practice it by:

Joyfulness is looking forward to your day, knowing it will be good. Whatever you are doing, do it with a joyful heart. Find ways to have fun in your work and your play. When good things happen to you, enjoy them fully. When sad things happen let the sadness come and then let it go. Find the gift in what is happening - is this a way to become stronger? Something new to learn? Enjoy your life?



Figure 2: "Invertebrates" Artwork by students. Photo: K. Douthie

